

ASANTE SANA YESU! A Newsletter of Harmony Life SPRING 2018



PROMOTE HARMONY SPEAK LIFE!





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Lots of excitement buzzing the past few months at Harmony Life! Here are a few highlights:

January found us back in Uganda and by God's grace we were able to finalize the purchase of a plot of land for our future guest house and ministry center! Just before closing the deal, we walked

the land and prayed. We asked if this was the right purchase, and soon after, a light rain started to fall - and it had not rained since October! Blessings from heaven! We feel that God's hand is in this place and we look forward to what He has planned.





Our annual graduation for our EMPOWER tailoring program was a sight to behold! The graduates new-found confidence brought many tears of joy. They have come so far and walk with their heads held high!

Clean water and good hygiene literally save lives! We are testing Uzima water filtration systems with some of our families and so far

we could not be happier with the results. Another benefit of these filters is that users don't have to make fires to boil their water. These filters are clinically proven to kill more harmful bacteria than boiling can alone. Simply put, these filters are PRICELESS!



NEW Medical Services!

We are excited to announce that we are beginning the journey to launch a new type of medical mission!



It is an empowering, community building approach to healthcare.

Our first project will be to build a clinic in Kyamosongi, Uganda, (near Fort Portal).

As we move forward, three values will remain constant in all that we undertake:

- 1. Build a medical service that is GOD centered
- 2. Ensure that any mission trip has a lasting presence
- 3. Empower those we serve

Combining the principles of multiple programs we will establish a medical mission with the following emphasis:

- 1. Engage the community and determine what their needs are from their perspective.
- 2. Hire locals to build and ensure the construction is sustainable (i.e. solar).
- 3. Employ locals and provide instruction for them to become community practitioners (modeling the Alaska Community Health Aide Program).
- 4. Partner with local universities to provide credit for the on-the-job clinical training.
- 5. Teach locals how to be primary care providers, give them the skills to function well, and support them.
- 6. Send periodic Medical Mission Teams.
- 7. Continue to support the community practitioners via telehealth, ongoing indefinitely. This support would include daily "medical traffic" whereby a clinical expert from the United States reviews cases with the health workers and guides treatment.
- 8. Support the local economy wherever possible. Buy local, integrate services within the local area, and develop medical partnerships.

HERE WE GOOOOO!

In June, 2018 a small team will be traveling to Uganda to begin laying the groundwork for this effort.

Then on to Future Medical Mission Trips!!! Are YOU excited!?!?

There will be many more opportunities to serve and we are looking for volunteers! We are tentatively looking at the following months for our upcoming mission trips:

September/October 2018 - Construction mission, (build the clinic - and modified medical mission).

January/February 2019 - Medical Mission July/August 2019 - Medical Mission

The focus of these teams is to instruct community health workers with a hands on clinical teaching approach. Teams will be multi-disciplinary. Community health workers will need to know how to take x-rays, perform labs, reconstitute medications, etc.

Medical mission team members will raise funds to cover their mission expenses as well as a portion of ongoing salaries of the community workers. Team members don't just sign up for their time on the ground in Uganda. When they sign up for a mission with us they are agreeing to support the clinic for a minimum commitment of at least 5 additional days (2 hours per day max) of "medical traffic".

Mission trips are approximately 10 - 14 days. Details would be similar to our Adventure Mission trips, with the addition of raising funds for ongoing clinic support and of course having a more intensive and focused mission related to medical service. As with our Adventure Missions, we also build in a day of rest and seeing a bit of the country of Uganda into every team.

Interested in joining us?

Go to our website for more information or give us a shout!

www.harmonylifeinternational.org

Meet our Director of Medical Missions, Matt Rogers, PA-C!

Matt resides in Boise, Idaho with his wife Alyssa and their four children.

Two of their children were adopted from Uganda and are part of why they have such big hearts for the 'Pearl of Africa'.

Matt studied Medicine at the University of Washington School of Medicine, (MEDEX PA program). He has managed a network of clinics in Alaska serving advancing roles as an instructor, clinic manager, medical director, and clinic director.



Matt serving in Puerto Rico after the hurricane

Matt helped develop, (and now runs), the national initiative to establish primary care hubs for the VA across the nation. This work continues to grow and is recognized as the standard of care for telemedicine in the VA.

However, a life changing experience caused Matt to expand his horizons further. Through his work with the VA, Matt had the opportunity to serve on a medical mission to Manati, Puerto Rico. This is where Gods plans were revealed. In the midst of disaster Matt realized that God had been preparing him for over 30 years to put together a medical mission using the skills and principles he has learned along the way.



Harmony Life is honored to have Matt's passion and expertise to reach the underserved in Uganda and we look forward to what God will do in this great adventure!

February was the start of our SIFU group! SIFU means both 'teacher' in Chinese and 'praise' in Swahili. Walter Wa, a multitalented musician, producer, businessman and Pastor saw a need, and had a desire to reach out to young artists. The main purpose of SIFU is to mentor gospel artists, worship leaders, and those in the Gospel music industry to bring about holistic transformation in their circle of influence.

Meetings are every two weeks. The first meeting is a mentorship/coaching meeting and the second is going out into

the community. Reaching out to the youth by doing events at schools is the current focus. Mission: Transformed, Transforming!









We would like to extend a special THANK YOU to Dawn, David and Carson Pittman for their efforts in taking the time to travel to Uganda, and serve alongside Harmony Life in a powerful way! Their work in collecting and donating backpacks, hygiene and food items, and school supplies for our sponsor children and vocational women was a Huge blessing! We appreciate them all more than words can express!







Current Ministry Needs

- Regular monthly donors! We are in need of monthly donors to stand alongside us and help us meet our monthly obligations—teachers salaries, emergency aid, medical services, and the like.
- Child, Grandma or Mama sponsors are always needed! If you are able to help, please stop by our website and click any 'donate' button. For monthly donors, make a recurring 'General Donation' @ www.harmonylifeinternational.org.

Checks can also be mailed to:

Harmony Life International P.O.Box 453 Hygiene, CO 80533



Finally, we are halfway to our goal of raising \$15,000 for a ministry vehicle! Can you help by donating today?

This vehicle would be used for many things including:

- Transportation for staff, volunteers and mission teams.
- Transporting sponsor children to and from school during holidays or for ministry events.
- As an ambulance for our medical clinic.
- Hauling materials for projects.



Donate online @ harmonylifeinternational.org